



Telephone Patient Information
800-190-590
here you will get 24/7 information
how to deal with suspected coronavirus infection.
For English press 6.

Do you suspect that you have coronavirus?

Are you not feeling well, do you have a fever, a cough, or problems breathing? You think it's coronavirus? Stay calm and find out what to do.

If you have the following symptoms:

- subfebrile state (body temperature between 37 °C and 38 °C);
- symptoms of a cold; or
- coughing and difficulty breathing,

call the nearest sanitary and epidemiological station or use a teleconsultation with your primary care doctor.

Don't go to an emergency room and don't use public transportation.

Please inform the Academy about your situation via: covid@asp.gda.pl and erasmus@asp.gda.pl

Will a patient coming to Poland with an EHIC card be treated in case of coronavirus infection?

The EHIC card confirms the holder's right to receive, during a stay in another EU Member State, medical services that are necessary for urgent medical reasons (regardless of whether the cause is an accident or a communicable disease), taking into account the nature of these medical services and the expected duration of the stay.

Therefore, the medical services related to treatment of COVID-19 symptoms - which are urgent and arise during a stay in Poland - will be provided on the basis of the EHIC card.

What can I get by using teleconsultation?

During a medical teleconsultation, you can get:

- a recommendation;
- an electronic sick note;
- an electronic prescription; or
- a suggestion to make a personal visit at the medical facility or to contact the sanitary-epidemiological station if necessary.

Medical teleconsultations:

- reduce the risk of the spread of coronavirus;
- facilitate isolation of people who may infect others with the virus;
- dispel concerns if the situation is harmless; and

- reduce the waiting time for medical appointments.

There is no fear that teleconsultations will make personal visits at the doctor's office impossible. If necessary, after a remote interview, patients may be advised to visit a medical facility or contact a sanitary and epidemiological station. In addition, in accordance with the recommendations of the Chief Sanitary Inspector on the procedure for Primary Healthcare and Night and Christmas Healthcare in connection with the spread of the new SARS-CoV-2 coronavirus, patients should receive extensive information about the need to contact a clinic by phone to determine whether a visit at the clinic is possible. The registration assistant should:

- inform every patient about the possibility of a teleconsultation;
- conduct a preliminary qualification survey for SARS CoV-2 coronavirus infection during the telephone call.

Every patient, including one without any symptoms of infection, who wants to see a doctor should first attend a teleconsultation. Only when necessary, an appointment should be made for a specific time. Based on medical history and assessment of the patient's health, the doctor providing a teleconsultation can issue a sick note.

NOTE: assessment of whether or not it is appropriate to issue a sick note in a given situation (depending on the patient's health) is the sole responsibility of the specific doctor. At the same time, the decision to impose quarantine is made by the district state sanitary inspector. Such a decision is equivalent to a sick note and the doctor is not required to issue one. Remote visits (teleconsultations) can also be used by patients who continue care at a specific specialised clinic (as a part of ambulatory specialised care) according to an established treatment plan and the patient's clinical condition. In other words, they cannot be used by patients who are coming to a clinic for the first time or patients whose health requires a personal visit to the clinic. The decision whether or not a patient can use a teleconsultation is made by the specific doctor. The doctor may decide that he or she wants to examine the patient in person, e.g. because of the need for a physical examination on which further diagnostic and therapeutic decisions will depend.

Source of information: <https://www.gov.pl/web/coronavirus>